

## The Van Gogh Blues Creative Persons Path Through Depression Eric Maisel

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### The Van Gogh Blues Creative

"The Van Gogh Blues is a mind-blowingly wonderful book." — Midwest Book Review "Maisel persuasively argues that creative individuals measure their happiness and success by how much meaning they create in their work." — Library Journal

### The Van Gogh Blues: The Creative Person s Path Through ...

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Creative people are sensitive people, we feel things on a much, much deeper level than average persons. The Van Gogh Blues is a groundbreaking catalyst offering various exercises and contemplations to bring true and profound healing and understanding into your life, and I tip my hat to Eric Maisel. ...more.

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## **The Van Gogh Blues: The Creative Person's Path Through ...**

Creative people will experience depression — that's a given. It's a given because they are regularly confronted by doubts about the meaningfulness of their efforts. There is a kind of depression that does not respond to pharmaceutical treatment. ... The Van Gogh Blues: The Creative Person's Path Through Depression. Eric Maisel, PhD ...

## **The Van Gogh Blues: The Creative Person's Path Through ...**

The Van Gogh Blues: Meaningful Life, Meaningful Work, Meaningful Days. Excerpted from The Van Gogh Blues: The Creative Person's Path Through Depression. by Eric Maisel, PhD | Updated September 29, 2018. In order for you to live an authentic, meaningful life, which is the principal remedy for the depression creative people experience, you must feel that 1) the plan of your life is meaningful, 2) the work you do is meaningful, and 3) the way you spend your time is meaningful.

## **Eric Maisel: The Van Gogh Blues - Meaningful Life ...**

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## **THE VAN GOGH BLUES - New World Library**

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Maisel, Eric (ISBN: 9781405020985) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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### **Van Gogh Blues : The Creative Person's Path Through ...**

Reviewed in the United States on July 9, 2003 "THE VAN GOGH BLUES" tells us that there is another route to the one that van Gogh took, and that is by creating meaning or rather meaningfulness in our own lives. I especially got a lot out of reading the exerpts from other people about depression, creativity and the meaning of life.

### **The Van Gogh Blues: Maisel, Eric: 9781579545703: Amazon ...**

Holiday Survival for Creatives: Got the Van Gogh Blues? - stephanie (Need context for this post? Check out the introductory post for this series.) I don't think I'm out of line suggesting that populations of creative people tend to have higher numbers of depression, anxiety, and other mental health concerns. ...

### **Holiday Survival for Creatives: Got the Van Gogh Blues ...**

Creativity & Depression. By Eric Maisel . For more than 25 years I've been looking at the realities of the creative life and the make-up of the creative person in books like Fearless Creating, Creativity for Life, Coaching the Artist Within, and many others.. A certain idea began to percolate in my mind: that creative people are people who stand in relation to life in a particular way and see ...

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— Eric Maisel, The Van Gogh Blues: The Creative Person's Path Through Depression. 3 likes. Like “Because of our fear that we are merely excited matter and the consequent grudge that we hold against the universe, we feel lost and alienated, like a refugee far from home in a universe that cares nothing for us.”

## **The Van Gogh Blues Quotes by Eric Maisel**

Finalist, Books for a Better Life Award “The Van Gogh Blues is a mind-blowingly wonderful book.” — The Midwest Book Review “Maisel persuasively argues that creative individuals measure their happiness and success by how much meaning they create in their work.”

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